The Regions of Optimist International shall be as follows:

Region 1: Northeast & Great Lakes

New York – New England Ohio Central Ontario Midwestern Ontario Southwestern Ontario Michigan

Region 2: Southeast

Caribbean
GATE
North Florida
South Florida
South Carolina
Alabama-Mississippi
Louisiana

Region 3: Mid-Atlantic

Atlantic Central
Kentucky-West Virginia
Maryland-South Delaware
Capital-Virginia
North Carolina West
North Carolina East

Region 4: Middle America

Indiana North Indiana South Illinois Kansas East Missouri West Missouri

Region 5: Great Plains

Dakotas-Manitoba-Minnesota Wisconsin-Upper Michigan Southern Wisconsin Iowa Nebraska Alberta-Montana-Saskatchewan

Region 6: Southwest

Colorado-Wyoming New Mexico-West Texas TennArk North Texas/Oklahoma South Texas

Region 7: West Coast

Pacific Northwest Pacific Central Pacific Southwest Pacific Southeast California South Arizona

Region 8: St Lawrence

Eastern Ontario
Quebec West
Quebec Central
Quebec South
Quebec East-North Shore
Quebec East-Acadia

(Dec 2007; Mar 2009; Jul 2017; eff. 10/1/23)