## **Optimist International Fun Digital Downloads** EXPRESS YOUR OPTIMISM ACTIVITY

We all express our emotions differently. This activity will help kids learn about facial expressions and communicating our emotions.



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CUT OUT THE WORDS, MIX THEM UP, AND THEN MATCH WITH THE FACE. COMPARE EACH OTHER MATCH WORDS WITH EXPRESSIONS. FOLLOW WITH A DISCUSSION ABOUT OUR EMOTIONS AND EXPRESSIONS.

	ΗΑΡΡΥ	EXCITED	SURPRISED
	HOPEFUL	SAD	UNSURE
$\overset{\checkmark}{\sim}$	PUZZLED	CONFUSED	CHEERFUL