

DESIGN YOUR OWN YOUTH MENU! IF YOU COULD MAKE A YOUTH MENU WHAT WOULD YOU WANT ON IT? DRAW PICUTRES OF YOUR FAVORITE MEAL, DRINK, AND DESSERT!

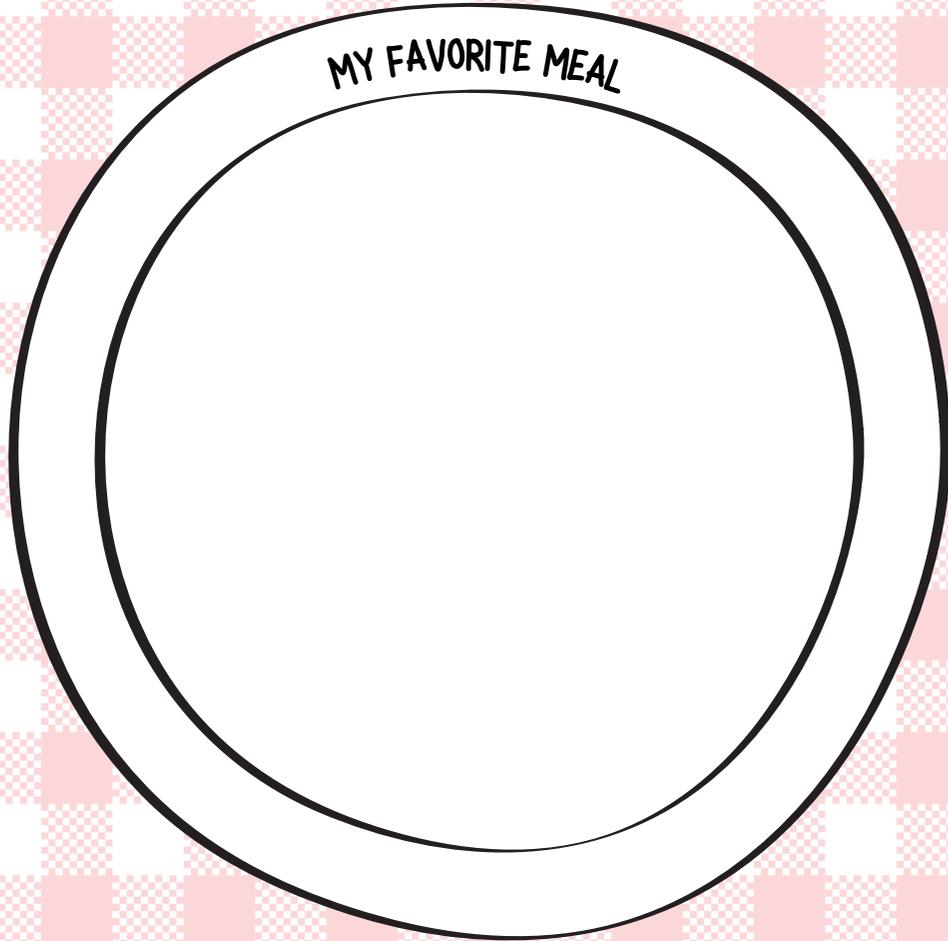
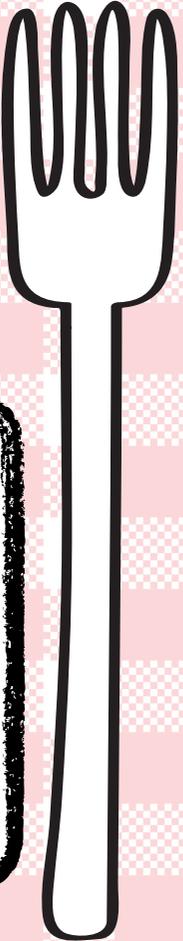
YOUR NAME HERE:

my

Menu

MY FAVORITE THING TO DRINK IS...

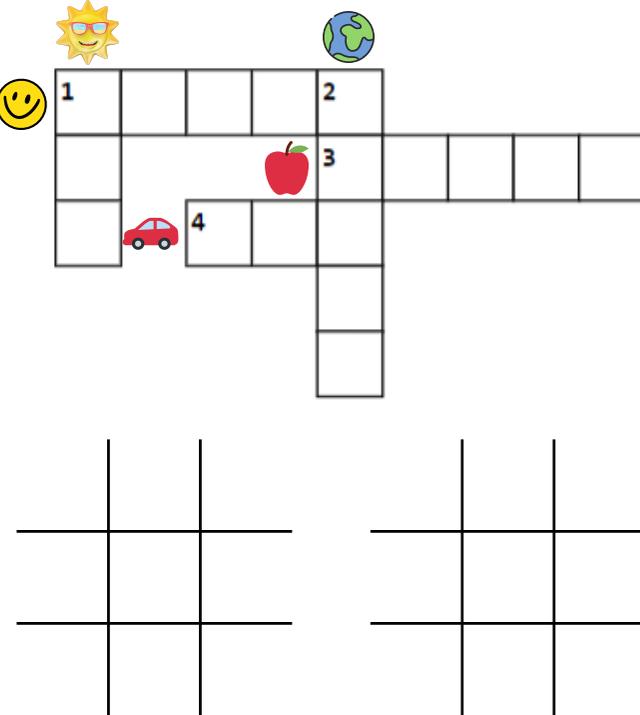
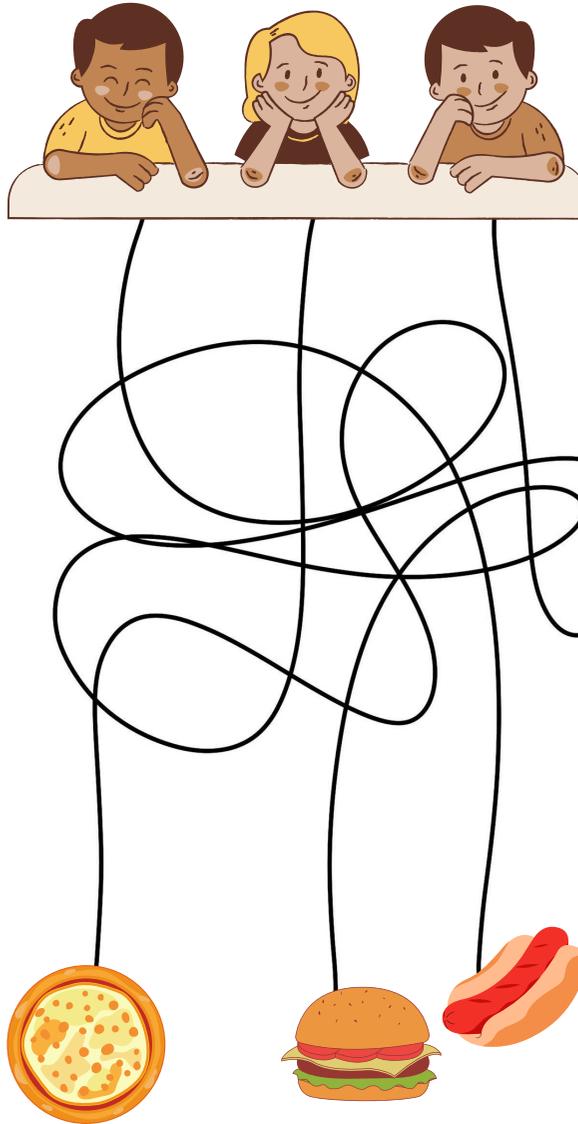
THIS FUN YOUTH MENU ACTIVITY IS BROUGHT TO YOU BY



MY FAVORITE THING TO DESSERT IS...

YOUTH
HAPPY
STRONG
SHARE
FRIEND
JUNIOR
HOPE
KIND
SMILE
FUN

S	Y	H	A	P	P	Y	E	S	G	R	T	R	J
P	S	U	O	N	U	N	H	S	N	N	P	F	D
E	H	H	O	P	E	N	L	E	O	G	N	S	U
F	K	S	O	S	O	K	G	U	R	H	J	I	T
A	P	I	M	T	P	I	H	U	T	Y	P	N	H
N	K	S	E	I	P	N	I	I	S	M	E	L	R
R	O	S	F	H	L	D	T	N	E	E	E	O	E
H	F	O	F	O	U	E	R	F	N	T	S	K	H
N	J	I	R	S	I	U	R	R	U	I	H	T	N
E	H	P	I	A	N	H	O	Y	H	N	U	S	R
R	G	T	E	H	U	I	H	U	G	T	A	O	M
A	N	M	N	E	N	I	I	P	A	N	U	L	N
H	R	P	D	U	T	E	F	R	K	S	E	O	P
S	R	T	J	R	S	R	N	D	O	K	F	E	Y



The Optimist Creed

Promise Yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

OPTIMIST INTERNATIONAL FUN DIGITAL DOWNLOADS MAKE YOUR OWN YOUTH MENU ACTIVITY!



Optimist
INTERNATIONAL

**Download this fun youth DIY menu activity
Feel free to add your own Club logos and information**

Fun ways to use this in your community:

You can pass these out at an event

Host a youth Menu design contest

Hand it out at a local cookout to help youth plan the next cookout menu

Print and leave a bunch at restaurants as a fun youth activity placemat with your Club's info

Download and Print as many as you need!

Materials that might be needed:

Crayons

Markers

Pens/Pencil

Stickers